#### कार्यालय महानिदेशक, राज्य पोशण मिषन, उत्तर प्रदेश। पत्रांक ८%% / रा.पो.मि. / पोषण ट्रैकर / 2021—22 दिनॉक। 🖁 नवम्बर, 2021

समस्त जिला कार्यक्रम अधिकारी / प्रभारी उत्तर प्रदेश।

विषय :- पोषण टैक्र पर प्रशिक्षण के सम्बन्ध में। महोदय,

कृप्या महिला एवं बाल विकास मंत्रालय, भारत सरकार के पत्र दिनांक 18.08.2021 का संदर्भ ग्रहण करने का कष्ट करें, जिसके द्वारा एन.ई.जी.डी. के माध्यम से पोषण टैकर हेतु सहयोग तथा आंगनबाड़ी कार्यकर्त्रियों को प्रशिक्षण प्रदान किये जाने निर्देश प्रदान किये गये है।

उक्त के कम में वरिष्ठ प्रबंधक, उत्तर प्रदेश, सी.एस.सी. ई—गर्वेर्न्स सर्विस इण्डिया लि. के ई—मेल दिनॉक 27.10.2021 द्वारा ग्राम स्तरीय पर वी.एल.ई. के माध्यम से आंगनबाड़ी कार्यकर्त्रियों को पोषण टैकर का प्रशिक्षण प्रदान किये जाने के सम्बन्ध में अवगत कराया गया है:—

 राज्य स्तर पर सी.एस.सी. द्वारा जनपद के डिस्टिक्ट मैनेजर तथा डिस्टिक्ट कोडिनेटर को सी.एस.सी.—एस.पी.वी. का मास्टर टैनेर के रुप प्रशिक्षित किया गया है।

2. जनपद के डिस्टिक्ट मैनेजर तथा डिस्टिक्ट कोडिनेटर द्वारा ब्लाक स्तर पर वी.

एल.ई. को प्रशिक्षिण प्रदान किया गया है।

3. वी.एल.ई. द्वारा प्रत्येक आंगनबाड़ी केन्द्र पर जाकर आंगनबाड़ी कार्यकर्त्री को उनके मोबाईल हेण्डसेट पर पोषण टैक्र पर प्रशिक्षिण प्रदान किया जायेगा। आंगनबाड़ी कार्यकर्त्री प्रशिक्षिण प्राप्त करने के उपरान्त पोषण टैकर ऐप में फीडबैक पर रैटिंग के माध्यम से गुणवत्तापूर्ण प्रशिक्षिण प्राप्त होने की पुष्टि की जायेगी।

4. वी.एल.ई. द्वारा बाल विकास परियोजना अधिकारी से आंगनबाड़ी कार्यकर्त्री को प्रदान किये गये सफल प्रशिक्षिण का प्रमाण पत्र प्राप्त कर सी.एस.सी. के जनपद

स्तर के अधिकारी को अवगत कराया जायेगा।

सी.एस.सी., भारत सरकार द्वारा विकसित पोषण टैकर का प्रशिक्षिण मैनुअल संलग्न कर आवश्यक कार्यवाही हेतु प्रेषित है। जनपद स्तर के सी.एस.सी. प्रतिनिधि सम्बन्धित जिला कार्यक्रम अधिकारी से सम्पर्क स्थापित कर परियोजनावार प्रशिक्षिण प्लान प्राप्त कर नियमित समीक्षा किये जाने के उपरान्त आंगनबाड़ी कार्यकर्त्री को स्पष्ट रुप से निर्देशित करें कि पोषण टैकर के सम्बन्ध में पूर्ण रुप से प्रशिक्षण प्राप्त करने के उपरान्त ही ऐप पर फीड—बैक में रैटिंग प्रदान करें तथा बाल विकास परियोजना अधिकारी शत—प्रतिशत आंगनबाड़ी कार्यकर्त्री का प्रशिक्षण प्राप्त करने के उपरान्त ही वी.एल.

ई. को प्रमाण पत्र निर्गत किया जाये।

संलग्नक-यथोक्त।

कपिले (संह) ृनिदेशक

संख्या:- ८-८४० तिद्विगंका

प्रतिलिपि :- निम्नलिखित को सूचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषित।

1. अपर महानिदेशक, राज्य पोषण मिषन, उ०प्र०।

2. निदेशक, बाल विकास सेवा एवं पुष्टाहार, उ०प्र०।

3. वरिष्ठ प्रबंधक, उत्तर प्रदेश, सी.एस.सी. ई—गर्वेर्न्स सर्विस इण्डिया लि. को इस निर्देश के साथ कि सम्बन्धित जिला कार्यक्रम अधिकारियों से समन्वय स्थापित समस्त आंगनबाड़ी कार्यकर्त्रियों को प्रशिक्षण प्रदान करवाना सुनिश्चित करें।

4. कार्यालय प्रति।

(कपिल सिंह) निदेशक

| कार्यालय बाल विकास परियोजना अधिकारी,जनपद   |
|--|
| पत्रांक :/बा0वि0परि0/पोषण ट्रैकर/2021-22 दिनांक :  |
| <u>प्रमाण-पत्र</u>   |
| प्रमाणित किया जाता है कि श्री/सुश्री/श्रीमती,सी0एस0सी0   |
| (ई-गर्वेनेन्स सेवा इण्डिया लिमिटेड) सी0एस0सी0 आई-डी संख्या ने बाल विकास  |
| परियोजनाआंगनबाड़ी कार्यकित्रयों को पोषण ट्रैकर   |
| मोबाइल एप्लीकेशन का सफलता पूर्वक प्रशिक्षण प्रदान किया, जिसकी सूची संलग्न है।                                    |
|  |
| (बाल विकास परियोजना अधिकारी)   |
| ·····जनपद······  |
| प <u>ृष्ठांकन संख्या :/तद्दिनांक ।</u><br>प्रतिलिपि : निम्नलिखित को सूचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषित । |
| 1. जिला कार्यक्रम अधिकारी, जनपद।   |
| 2. जिला प्रबन्धक, सी0एस0सी0।<br>3. सम्बन्धित बी0एल0ई0।   |
| 3. कार्यालय प्रति।   |
| (बाल विकास परियोजना अधिकारी)   |

| जिला | परियोजना | सेक्टर का<br>नाम | आंगनबाड़ी केन्द्र<br>का नाम | आंगनबाड़ी<br>कार्यकत्री का नाम | आंगनबाड़ी कार्यकत्री का<br>मोबाइल नं0 |
|------|----------|------------------|-----------------------------|--------------------------------|---------------------------------------|
|      |          |                  |                             |                                |                                       |
|      | i .      |                  |                             |                                |                                       |
|      |          |                  |                             |                                |                                       |
|      | 2        |                  |                             |                                |                                       |
|      |          |                  |                             |                                |                                       |
| 3    |          |                  |                             |                                |                                       |
|      |          |                  |                             |                                |                                       |
|      |          |                  |                             |                                |                                       |
|      |          |                  |                             |                                |                                       |
| S).  |          |                  |                             | 52                             |                                       |
| 9    |          |                  |                             |                                |                                       |
|      |          |                  |                             |                                |                                       |
|      |          |                  |                             |                                |                                       |
|      |          |                  |                             |                                |                                       |
|      |          |                  |                             |                                |                                       |
|      |          |                  |                             |                                |                                       |
|      |          |                  |                             |                                |                                       |

| (बाल   | विकास | परियोजना | अधिकारी) |
|--------|-------|----------|----------|
| 100000 |       | जनपद     |          |

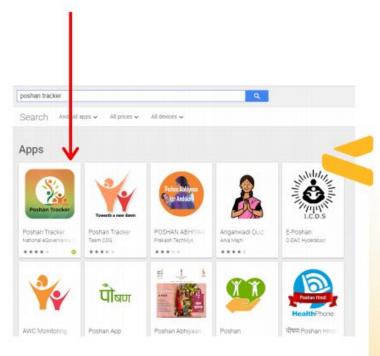




# Poshan Tracker: Process Flow

Version - 2.0



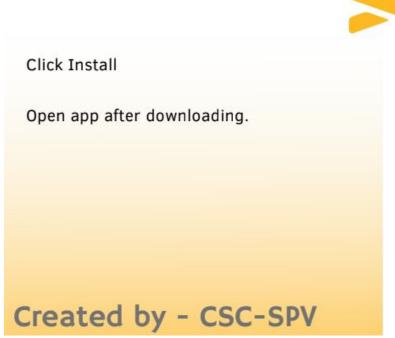


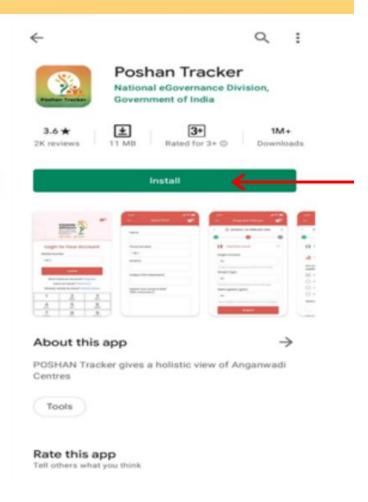
# Finding the Right Mobile App

Go to Goggle Play store on your android phone and search for "POSHAN Tracker".

Look for the Mobile App developed by NeGD.

# Getting the App

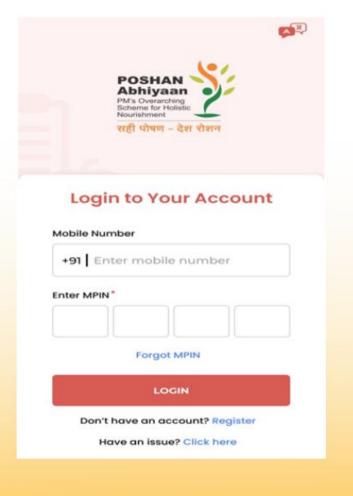


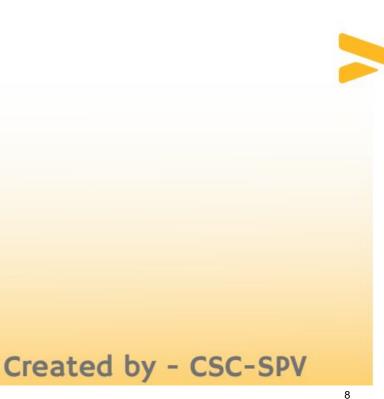


# Login

Login into the app using registered mobile no. of AWW and MPIN after setting it via OTP on mobile number.







# HOW TO LOGIN!

I.Setting the M-Pin

2.Using default M-Pin in case of OTP issues

3.If Anganwadi Worker (AWW) is not registered



#### **Login to Your Account**

| Mobile Number                   |
|---------------------------------|
| +91 Enter mobile number         |
| Enter MPIN*                     |
| Forgot MPIN                     |
| LOGIN                           |
| Don't have an account? Register |
| Have an issue? Click have       |



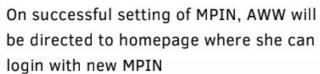
# I.Setting the M-Pin

Login into the app using mobile no. of AWW .

An OTP will be sent on AWW mobile number.

Enter the received OTP and create 4 Digit M-Pin.

Create a new 4 Digit MPIN and click on submit.







# Mobile Not Registered ?

If mobile no of the AWW is not registered. VLE has to send the details to the State SPOC and the SPOC will share the details with CSC HO team.

Created by - CSC-SPV



#### Set MPIN

| 1            |        |  |
|--------------|--------|--|
| Confirm MPIN |        |  |
|              |        |  |
|              | SUBMIT |  |

Already have an account? Login



#### Forgot MPIN





# I.Setting the M-Pin

Login into the app using mobile no. of AWW.

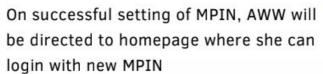
An OTP will be sent on AWW mobile number. Enter the received OTP and create 4 Digit M-Pin.

# I.Setting the M-Pin

In case you are unable to login using the Mpin, click in forgot MPIN to create a new MPIN.

Enter the OTP received on the registered mobile no. and click on reset MPIN

Create a new 4 Digit MPIN and click on submit.







#### Mobile Not Registered?

If mobile no of the AWW is not registered. VLE has to send the details to the State SPOC and the SPOC will share the details with CSC HO team.

Created by - CSC-SPV



#### Set MPIN

| onfirm MPIN |        |  |
|-------------|--------|--|
|             |        |  |
|             |        |  |
|             | SUBMIT |  |





# Successful Login

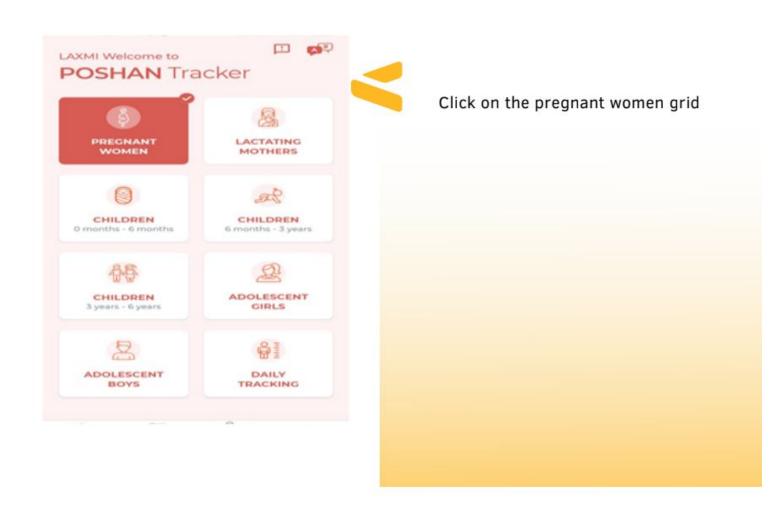
After logging in, the AWW lands on the Homepage

# Supported Languages

THIS POSHAN TRACKER APP WILL BE COMPATIBLE WITH 12 LANGUAGES:

- 1.ENGLISH
- 2.HINDI
- 3.PUNJABI
- 4.BANGLA
- 5.ODIYA
- 6.ASSAMESE
- 7.GUJARATI
- 8.MARATHI
- 9.TELUGU
- 10.MALAYALAM
- 11.TAMIL
- 12.KANNADA



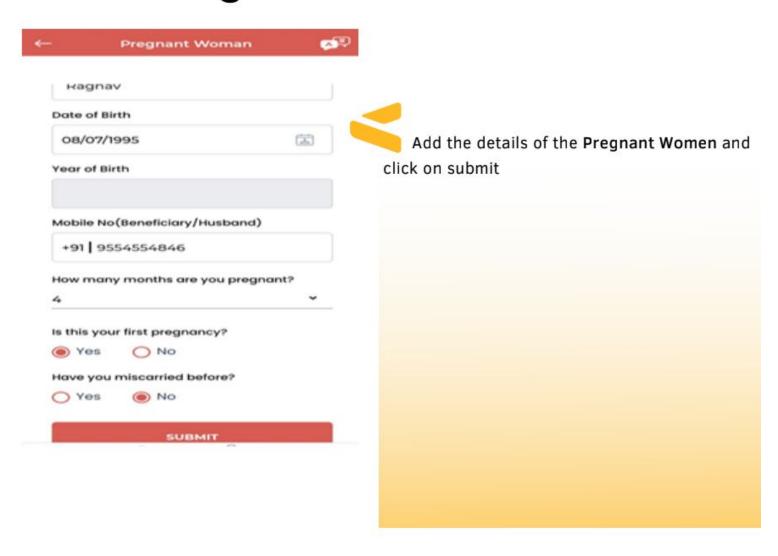


**Pregnant Women List** 

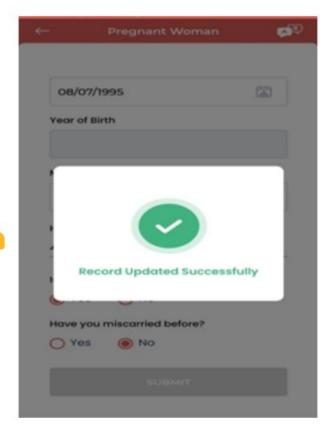
Record not found!

N.







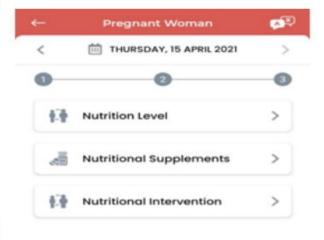




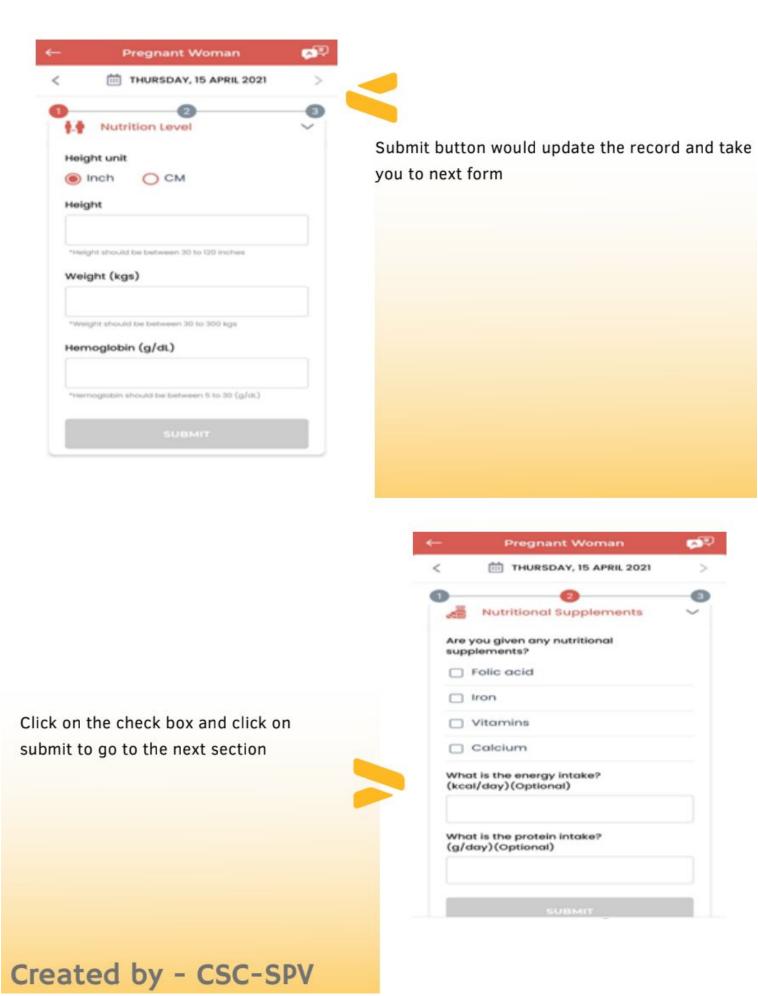
On clicking the hamburger menu on the right in front of any beneficiary name, there would be two options at the bottom of the screen:

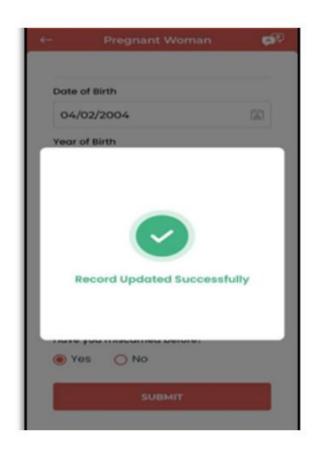
- A)Update Profile
- B)Enter information

- Click on update profile to update or make correction in the details of the added beneficiary.
- Click on enter information to update the to three subsequent forms in sequential format to capture the nutritional details of the beneficiary











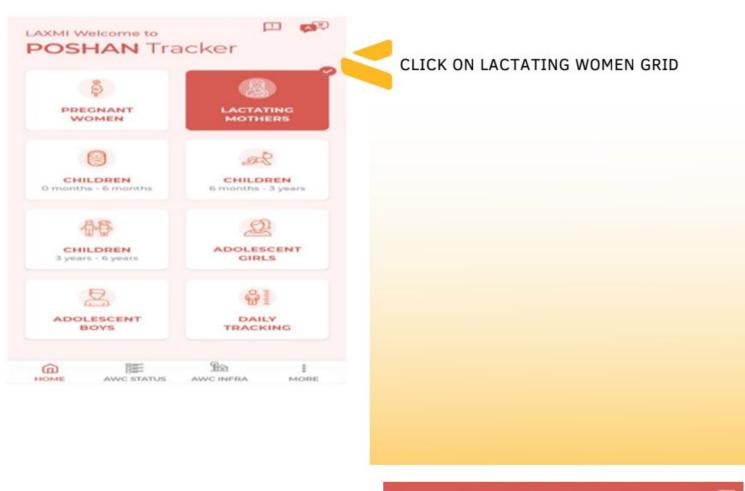
The Submit button would update the record and save the information. The information for the added beneficiary will be saved successfully.



# How many such entries should AWW make ?

VLE needs to train AWW for each of the grid with at least one data entry in each grid. However it is advisable to enter more information so that AWW get used to the UI of the App.

# 2. Lactating Women - Grid





Record not found!

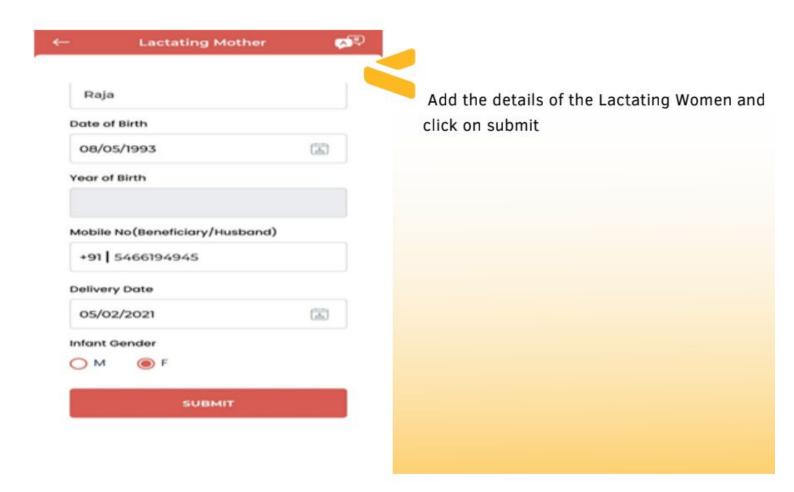
CLICK ON ADD BENEFICIARY TO ADD
THE BASIC DETAILS OF THE LACTATING
MOTHER



ADD BENEFICIARY

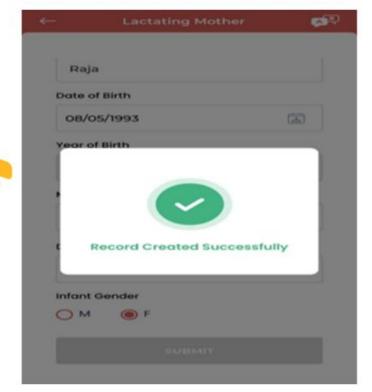
Created by - CSC-SPV

# Lactating Women - Grid

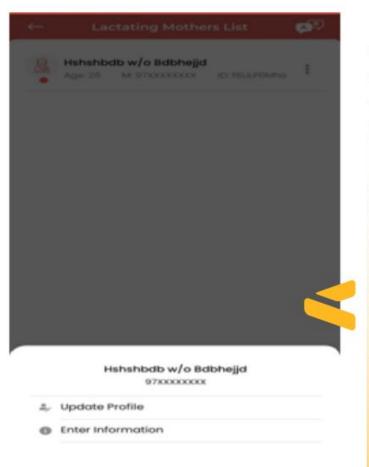


AFTER ENTERING THE DETAILS CLICK
ON SUBMIT TO CREATE THE RECORD

Created by - CSC-SPV



# Lactating Women - Grid



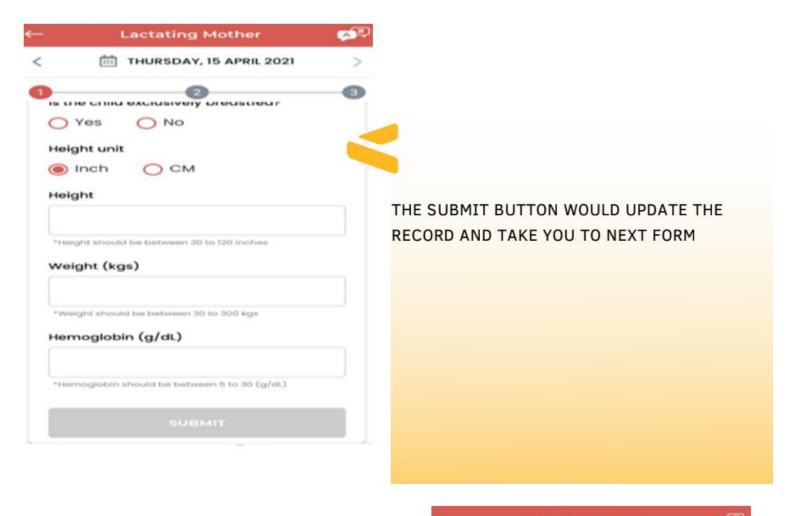
CLICK ON THE HAMBURGER MENU ON THE RIGHT OF ANY BENEFICIARY NAME, THERE WOULD BE TWO OPTIONS APPEARING IN THE BOTTOM OF THE SCREEN:

- A) UPDATE PROFILE: WOULD OPEN THE FORM FOR BASIC DETAILS OF THE LACTATING MOTHERS, WITH FOLLOWING FIELDS
- B) ENTER INFORMATION: CLICK ON ENTER INFORMATION TO FILL UP THE THREE SUBSEQUENT FORMS IN SEQUENTIAL FORMAT TO CAPTURE THE NUTRITIONAL DETAILS OF THE BENEFICIARY.

CLICK ON THE FORMS TO ENTER THE NUTRITIONAL DETAILS OF THE LACTATING MOTHER:

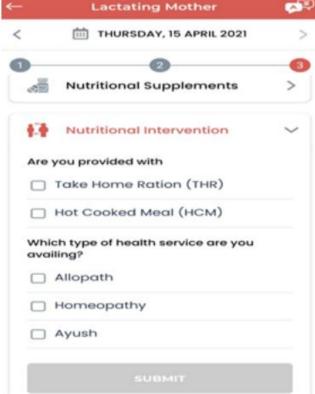


# Lactating Women - Grid



CLICK ON SUBMIT BUTTON TO UPDATE
THE RECORD AND SAVE THE
INFORMATION.

Created by - CSC-SPV



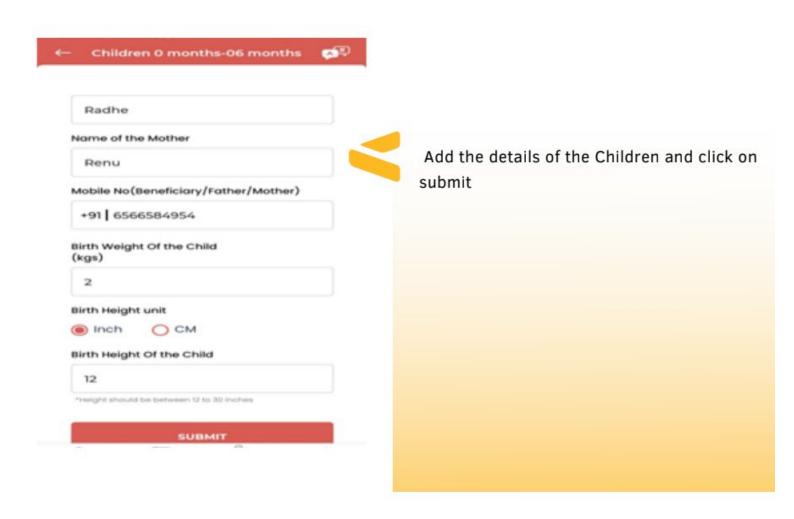
# 3. Children (All Categories) - Grid





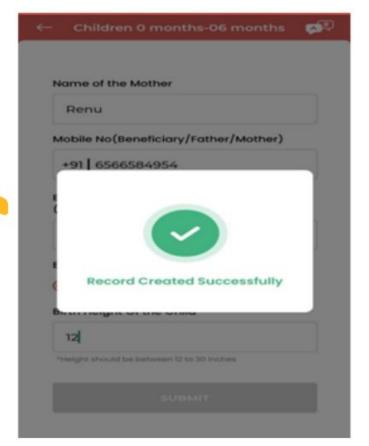
CLICK ON ADD BENEFICIARY TO ADD
THE BASIC DETAILS OF CHILDREN AND
HIS/HER PARENTS

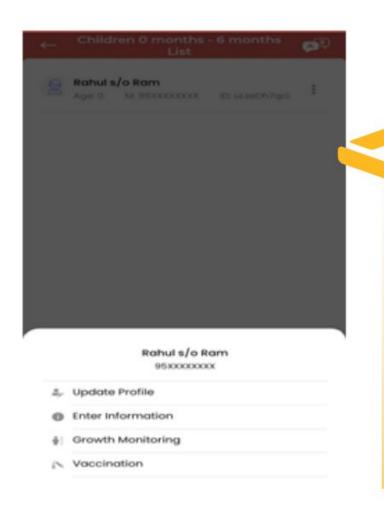
ADD BENEFICIARY



AFTER ENTERING THE DETAILS CLICK
ON SUBMIT TO CREATE THE RECORD

Created by - CSC-SPV

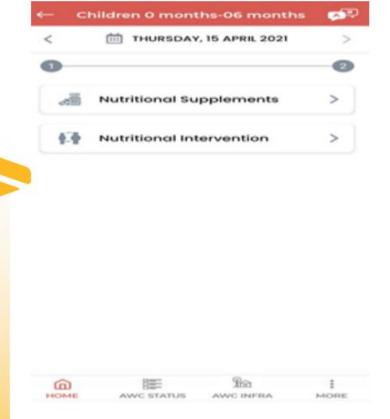


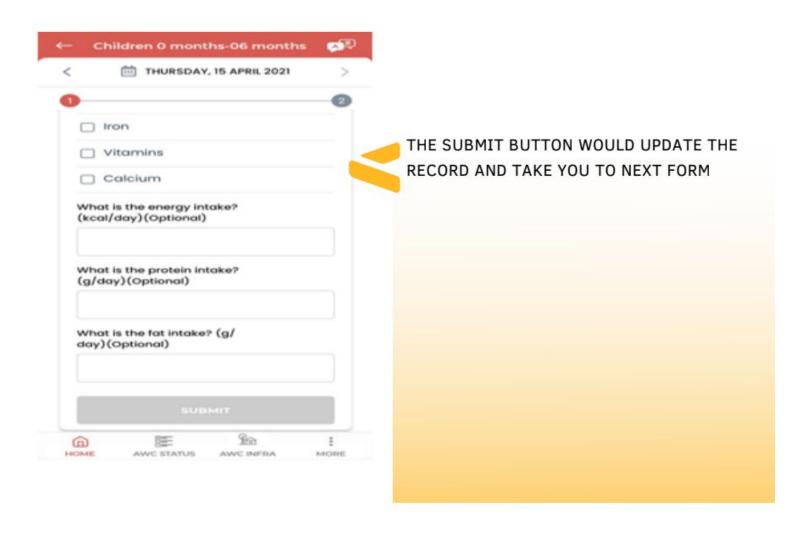


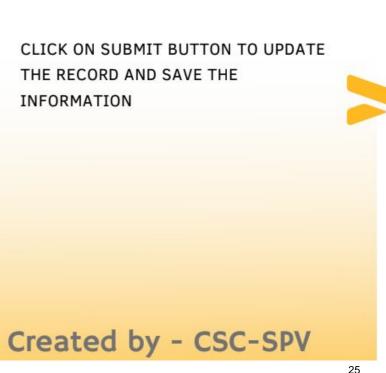
CLICK ON THE HAMBURGER MENU ON THE RIGHT OF ANY BENEFICIARY NAME, THERE WOULD BE FOUR OPTIONS APPEARING IN THE BOTTOM OF THE SCREEN: (DROPDOWN)

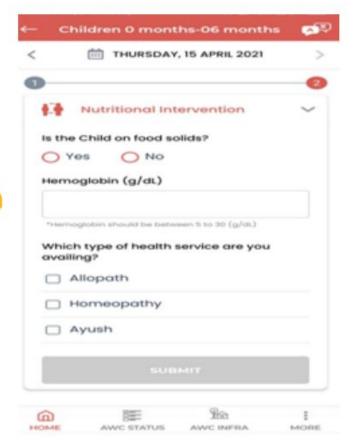
- A) Update Profile
- B) Enter information
- C) Growth Monitoring
- D) Vaccination

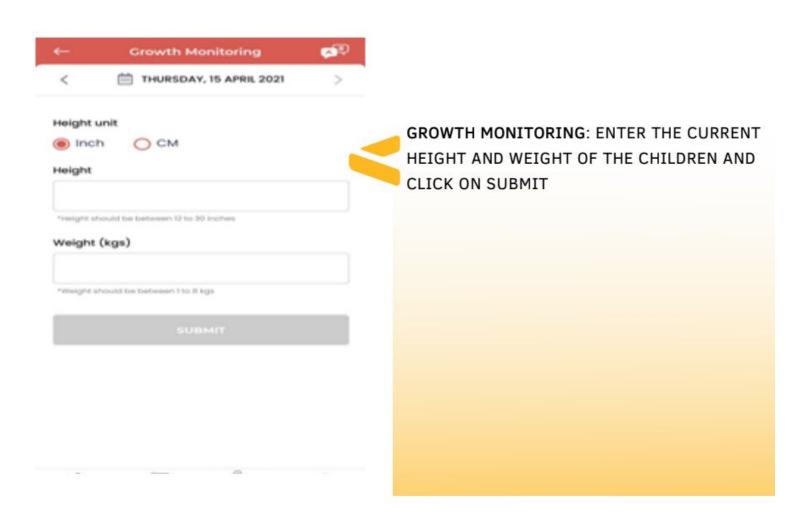
CLICK ON ENTER INFORMATION TO FILL UP THE TWO SUBSEQUENT FORMS IN SEQUENTIAL FORMAT TO CAPTURE THE NUTRITIONAL DETAILS OF THE BENEFICIARY







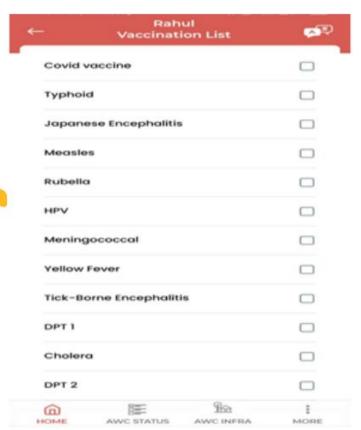




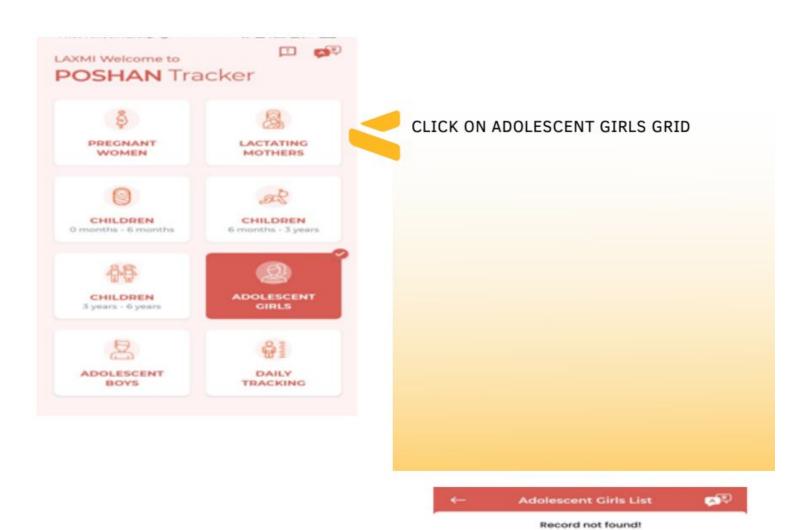
VACCINATION: IN THIS SECTION ENTER THE DETAILS OF VACCINATION GIVEN TO THE CHILDREN.

CLICK ON SUBMIT BUTTON TO UPDATE
THE RECORD AND SAVE THE
INFORMATION OF THE CHILDREN.

Created by - CSC-SPV

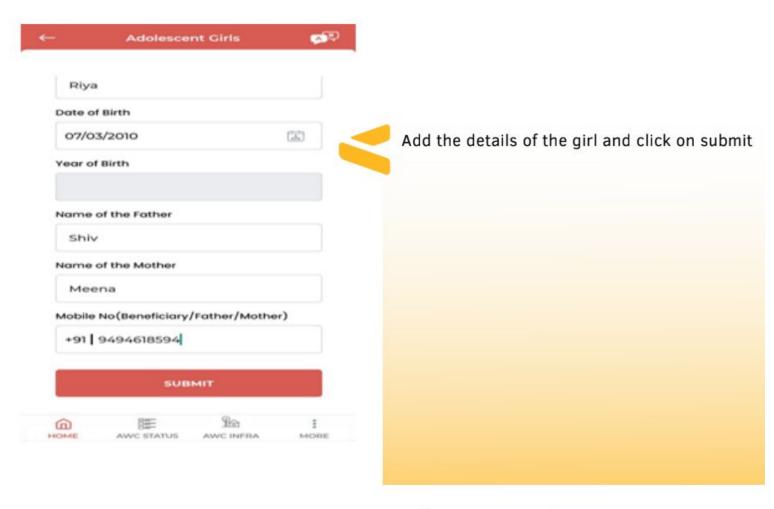


#### 4. Adolescent Girls- Grid

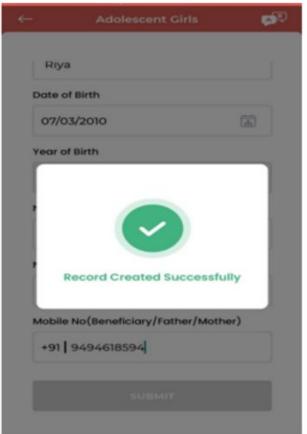




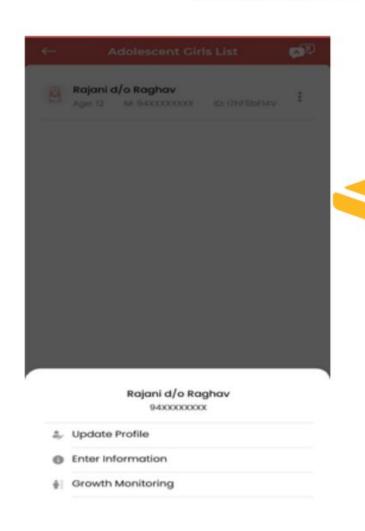
#### Adolescent Girls- Grid







#### Adolescent Girls- Grid



CLICK ON THE HAMBURGER MENU ON THE RIGHT OF ANY BENEFICIARY NAME, THERE WOULD BE THREE OPTIONS APPEARING IN THE BOTTOM OF THE SCREEN: (DROPDOWN)

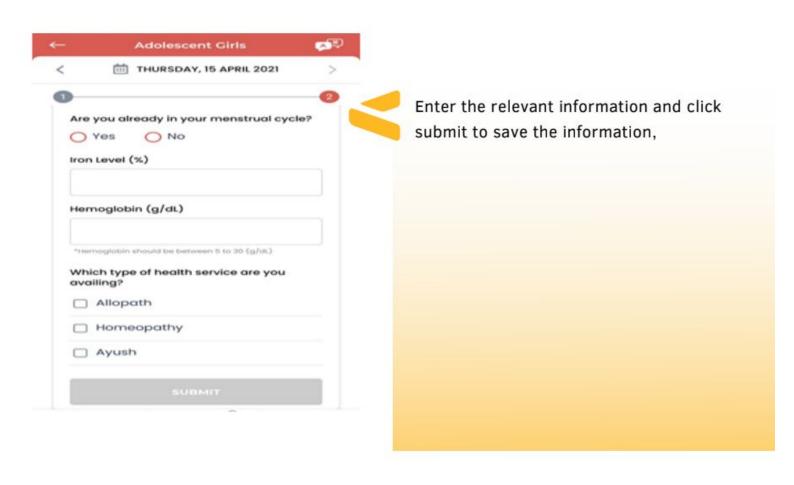
- A) Update Profile
- B) Enter information
- C) Growth Monitoring

CLICK ON ENTER INFORMATION TO FILL UP THE TWO SUBSEQUENT FORMS IN SEQUENTIAL FORMAT TO CAPTURE THE NUTRITIONAL DETAILS OF THE BENEFICIARY.



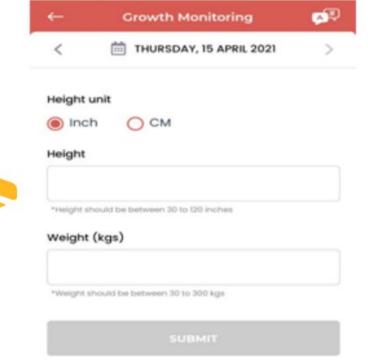


#### Adolescent Girls- Grid



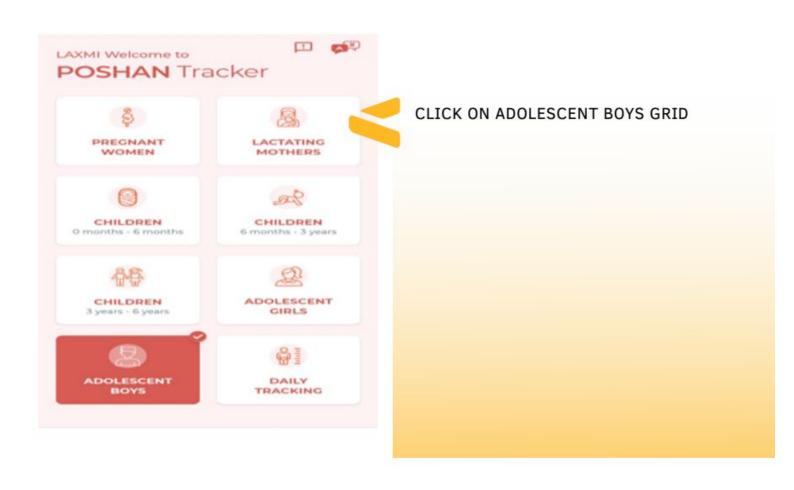
GROWTH MONITORING: ENTER THE CURRENT HEIGHT AND WEIGHT OF THE BENEFICIARY AND CLICK ON SUBMIT.

CLICK ON SUBMIT BUTTON TO UPDATE THE RECORD AND SAVE THE INFORMATION OF THE ADOLESCENT GIRL.



Created by - CSC-SPV

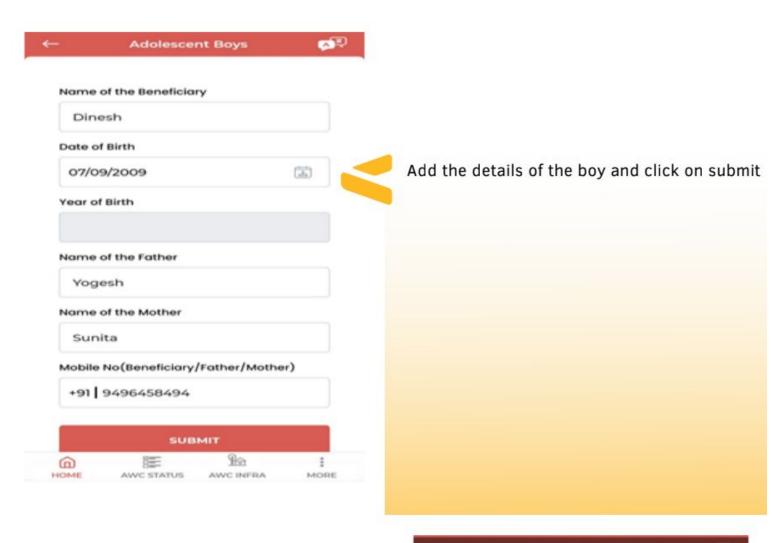
## 5. Adolescent Boys- Grid



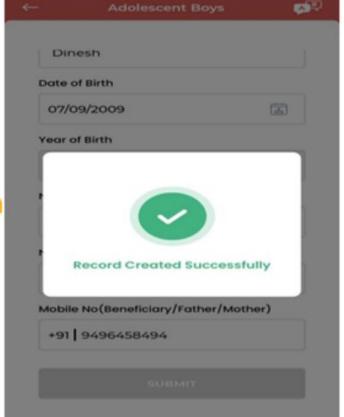


Adolescent Boys List

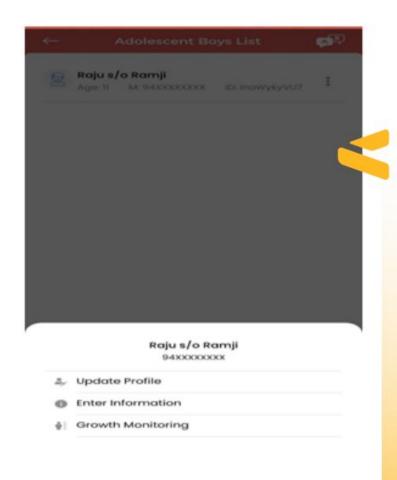
## Adolescent Boys- Grid



AFTER ENTERING THE DETAILS CLICK
ON SUBMIT TO CREATE THE RECORD



## Adolescent Boys- Grid



CLICK ON THE HAMBURGER MENU ON THE RIGHT OF ANY BENEFICIARY NAME, THERE WOULD BE THREE OPTIONS APPEARING IN THE BOTTOM OF THE SCREEN: (DROPDOWN)

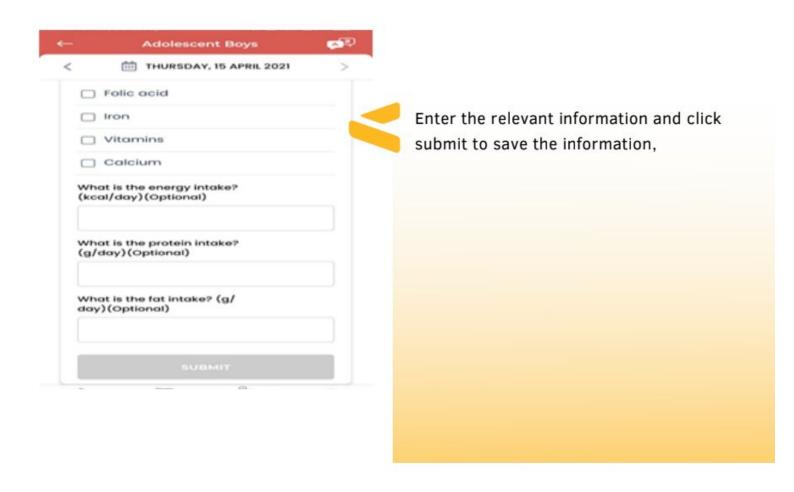
- A) Update Profile
- B) Enter information
- C) Growth Monitoring



CLICK ON ENTER INFORMATION TO FILL UP THE TWO SUBSEQUENT FORMS IN SEQUENTIAL FORMAT TO CAPTURE THE NUTRITIONAL DETAILS OF THE BENEFICIARY.



## Adolescent Boys- Grid



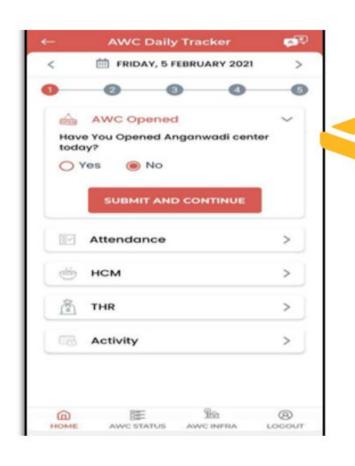
GROWTH MONITORING: ENTER THE CURRENT HEIGHT AND WEIGHT OF THE BENEFICIARY AND CLICK ON SUBMIT.

CLICK ON SUBMIT BUTTON TO UPDATE
THE RECORD AND SAVE THE
INFORMATION OF THE ADOLESCENT
BOYS.



Created by - CSC-SPV

# 6. Daily Tracking - Grid



CLICK ON THE GRID FOR DAILY TRACKING AFTER SELECTING DATE, IT WILL TAKE YOU TO FIVE CONCURRENT FORMS:

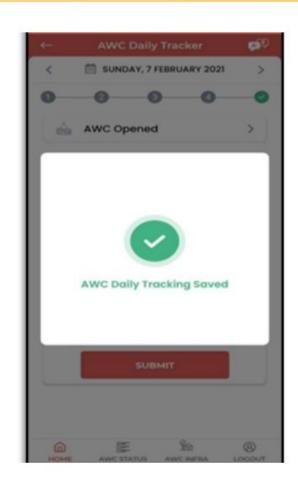
- AWC OPENED
- 2. ATTENDANCE
- HCM
- 4. THR
- ACTIVITY

CLICK ON THE RADIO BUTTON AND CHECK BOX IN EACH FROM AND CLICK FOR SUMIT AND CONTINUE TO PROCEED.

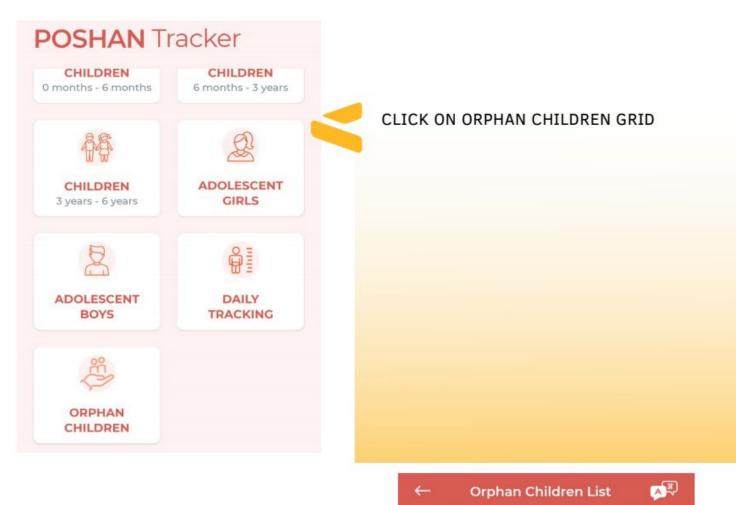


CLICK ON SUBMIT AFTER FILLING THE APPROPRITATE SELECTIONS IN ALL FIVE FORM TO SAVE AWC DAILY TRACKING DATA.





# 7. Orphan Children- Grid

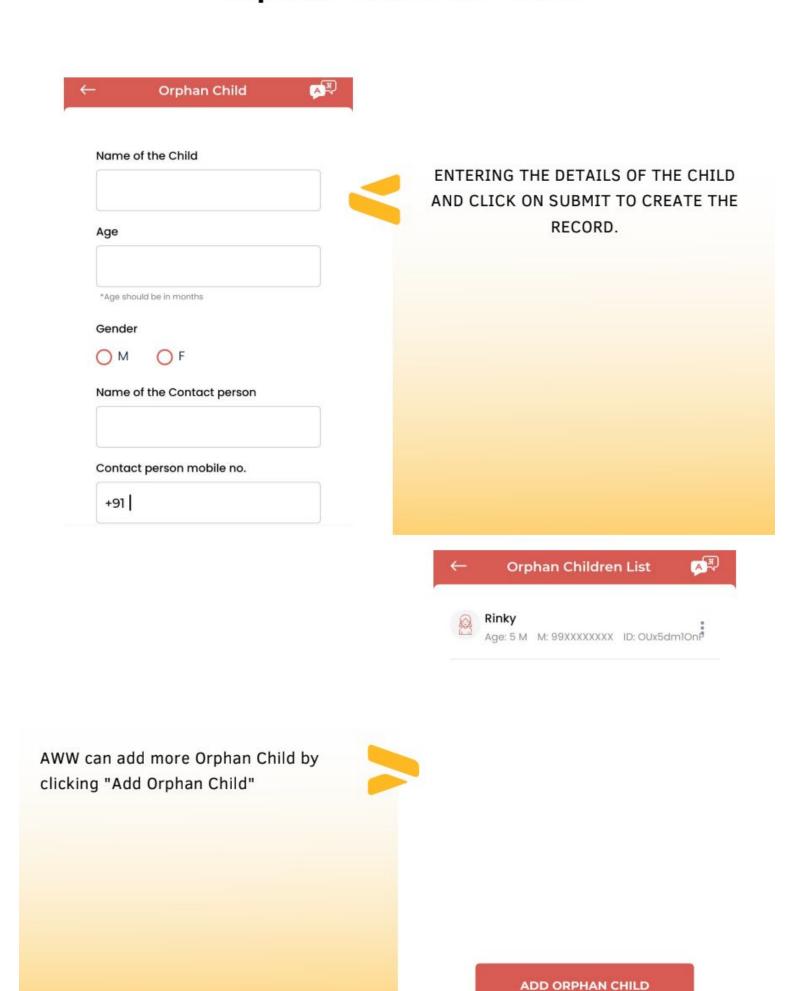






**ADD ORPHAN CHILD** 

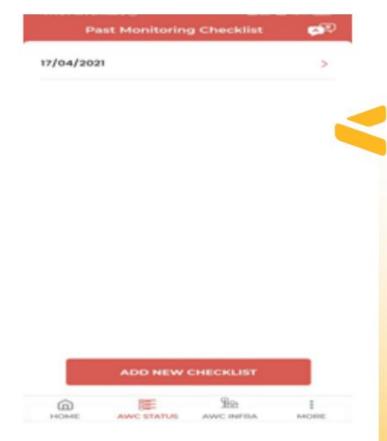
# Orphan Children- Grid



37

Created by - CSC-SPV

#### AWC Status - Footer Menu



CLICK ON AWC STATUS IN THE FOOTER

CLICK ON ADD NEW CHECKLIST

\*It takes you to the page with date listing up to 90 days in the past, for filling in any entries that have been missed by the AWW.

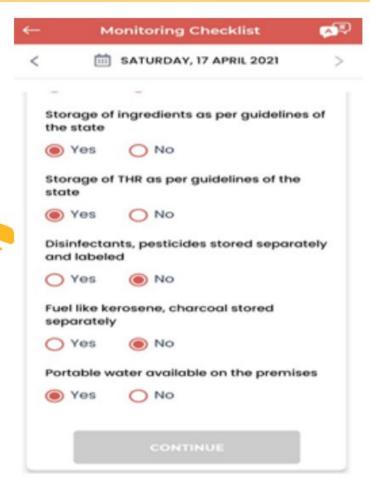
It leads to date in the header and 4 different forms with an option of checking YES/NO:

- ·Hygiene and safety
- ·Food safety and handling
- ·Food safety and handling-THR
- ·Records and registers

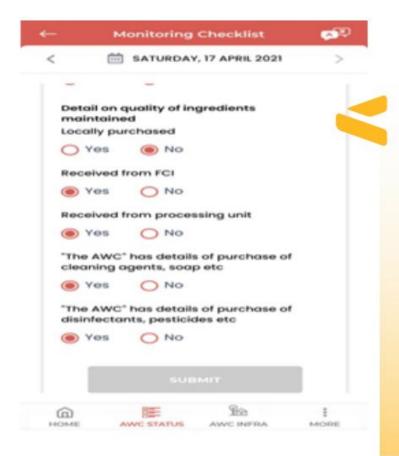
SELECT YES/ NO FROM THE OPTION AND CLICK ON CONTINUE TO PROCEED

CLICK ON SUBMIT BUTTON TO UPDATE THE RECORD AND SAVE THE INFORMATION OF THE ADOLESCENT BOYS.

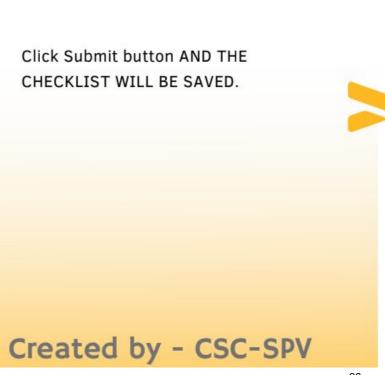
Created by - CSC-SPV

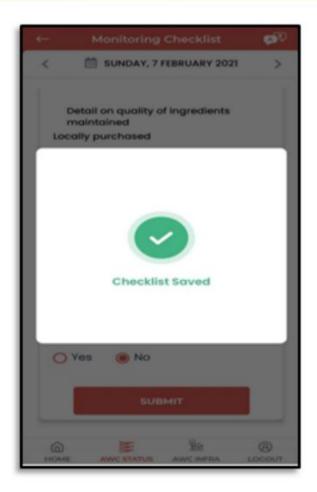


#### **AWC Status**

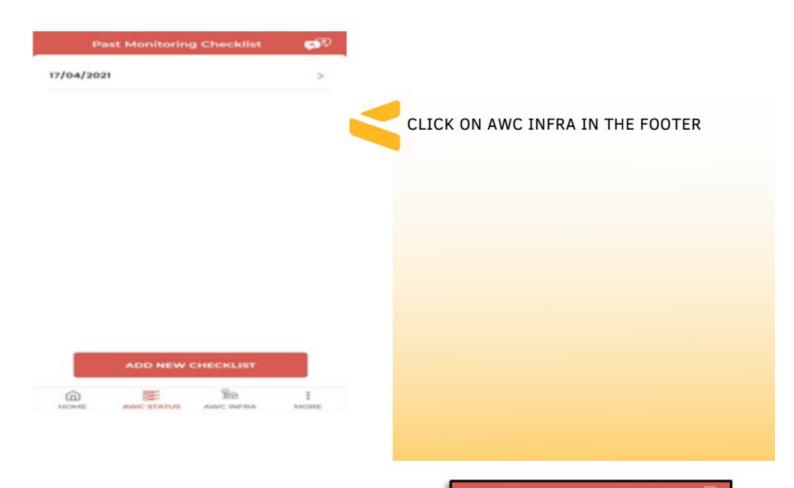


The AWW needs to tick all the check boxes (criterion) that the particular Anganwadi center is meeting.





#### AWC Infra- Footer Menu

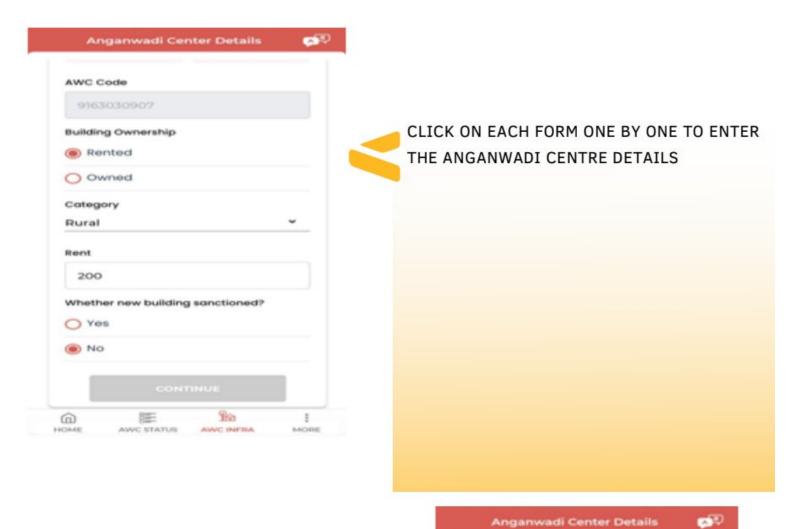


IT TAKES YOU TO FIVE CONCURRENT FORMS UNDER ANGANWADI CENTRE DETAILS.





#### **AWC Infra**



SELECT THE RELEVANT RADIO BUTTON
AND CLICK ON CONTINUE TO PROCEED
TO THE NEXT FORM.



Entered On 17/04/2021

Type of Building

Select

Availability of site

Yes

No

Site handed over to dept

Yes

No

CONTINUE

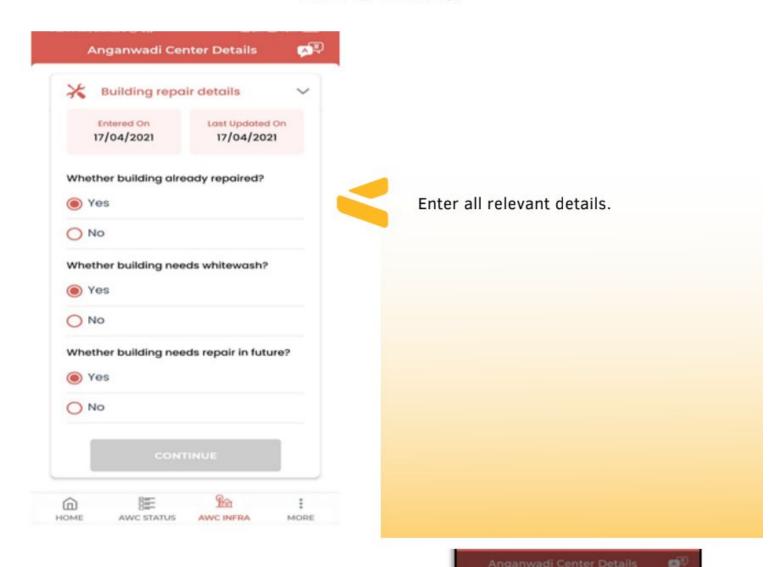
AWC STATUS

AWC INFRA

MORE

Created by - CSC-SPV

#### **AWC Infra**



AFTER FILLING ALL THE APPROPRIATE FIELDS IN THE FIVE FORMS, CLICK ON SUBMIT TO SAVE THE ANGANWADI CENTER DETAILS.



Building repair details

Building upgradation details

Building upgradation details

Anganwadi Center Details are saved!

Created by - CSC-SPV

#### VLE Feedback Form



AFTER THE VLE HAS IMPARTED THE TRAINING TO AWW (ANGANWADI WORKERS) ON EACH OF THE MODULES / SECTIONS AND SUB-SECTION OF POSHAN TRACKER APP.

VLE WILL ASK THE AWW TO FILL UP THE VLE FEEDBACK FORM

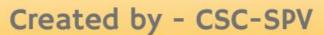
AWW WILL HAVE TO ENTER THE DETAILS OF THE VLE WHO HAS TRAINED HER ON HOW TO USE THE POSHAN TRACKER APP.



Pin

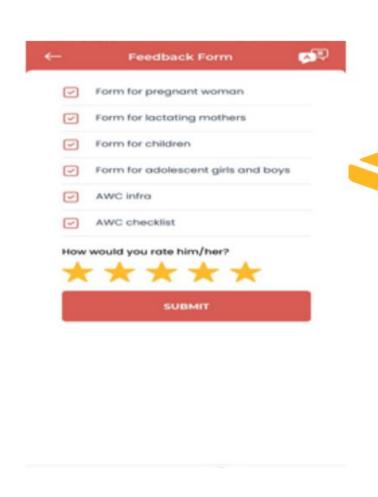
AWC INFRA

AC STATUS



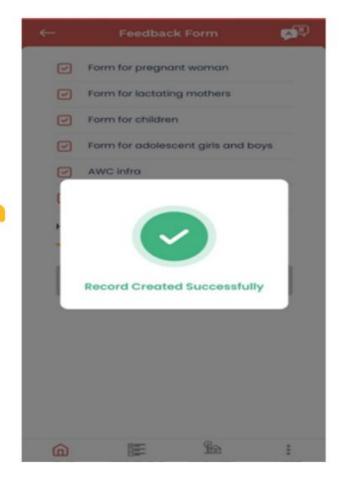
(m)

#### **VLE Feedback Form**



CLICK ON THE TRAINING MODULES CHECK BOX, GIVE THE RATING TO VLES IN TERMS OF NO OF STARS .







#### Points to Remember

- ·VLE must train the AWW about all the grid/ modules/ section mentioned in the app.
- ·Please note dummy enter shall be entertained.
- ·Information entered by AWW during the training should be a real data/ entry of the beneficiary.